

FAQ

WELLDOVITA - Growing Children

■ WHAT IS WELLDOVITA?

Welldovita is a combination of Food and Plant items prepared in powder form.

■ WHO IS MANUFACTURING WELLDOVITA AND WHAT REPUTATION OF COMPANY?

Award Nutraceuticals LLP is a company, situated at Porur, Chennai. It presently manufactures 11 health supplements under the brand name of HOLIN, which are widely used by general public and specific needy people.

■ WHO HAS FORMULATED WELLDOVITA?

Welldovita, a combination of Millets, Lentils, and Ayurveda medicinal plants is formulated by highly educated and experienced Diet specialist, Pharmacist and an Ayurveda Medical Practitioner.

■ WHAT IS WELLDOVITA USED FOR?

It used as food supplement in general public and children suffering from memory and physical strength problems in particular.

■ HOW IS WELLDOVITA PRODUCED?

Millets, Lentils, Cereals are mixed as per the formula and to this powder Ayurveda Medicinal plants having effects on urology system are added.

■ HOW DOES WELLDOVITA DIFFER FROM OTHER FOOD SUPPLEMENTS AVAILABLE IN MARKET?

First of all, similar combination of Welldovita is not available as a dietary supplement in the open market. Further, in open market most of the food supplements are prepared as powder directly from raw materials grown in chemical environment.

Whereas in our preparation Millets, grown in organic farming, are procured and soaked and cleaned. Lentils and cereals, grown under organic farming are procured and soaked in water filled in mud/clay pots, and then they are sprouted in mud pots. These processes are done for natural components act better in humans

■ WHAT ARE THE INGREDIENTS INCLUDED IN WELLDOVITA?

Important ingredients include Millets: Ragi, Samai, Thinai, Kambu, Makka Cholam, Jowar, Barley, Samba Wheat, Fried Gram, Green Gram, Kheel, Hand Pound Rice, Sago Rice, Badam, Flak Seed, Soya Seed, Brown Sugar.

Ayurveda Medicinal Plants: Ellachi, Ashwaganda, Bharmi, Yastimadhu, Gokshur, Shankapusphi, and Gotukola.

■ UNDER WHAT CONDITIONS CAN A PERSON CONSUME WELLDOVITA?

Primarily this is used as Health supplement to all boys and girls and adolescents between 5 and 25 years, who are deprived of normal food intake due to any reason medically or non-medically. Persons having malnutrition, low blood content say anaemia, calcium, iron, vitamins deficiency may consume this food supplement. Many of the ingredients of this health supplement contain naturally occurring vitamins and consuming this prevent vitamin deficiency particularly Vita A, B, C and D. Further they contain good Vita E and provide anti-oxidant effect

It is also very useful in children suffering from Memory problems

■ HOW DOES WELLDOVITA HELP IN MEMORY PROBLEMS PATIENT?

Many of the Memory problems children may get weak in remembrance. Deficiency in nutritional food or improper food intake may lead to low memory and low physical strength. Botanicals Ellachi, Ashwaganda, Bharmi, Yastimadhu, Gokshur, Shankapusphi, and Gotukola have very good effect on nervous system and prevent memory loss. The combination of all these synchronising effects on Memory problems, and children will recover and maintain healthy life

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■ IS WELLDOVITA A SUBSTITUTE TO MEMORY PROBLEMS TREATMENT?

No. It is neither a medicine nor additional intervention. It may support to the treatment already being undertaken by children for improving malnutrition or memory loss.

■ DOES WELLDOVITA PRODUCT REQUIRE MEDICAL SUPERVISION?

No, being a food supplement it may be used safely in children suffering from memory and malnutrition problems. However it is recommended to consume after consulting of Dietician or Health adviser to monitor severe memory problems.

■ WHO ARE THE TARGETED PEOPLE?

Welldovita may be taken by children of either sex above 5 years and up to 25 years of age. Persons requiring good nutrition along with normal food intake, and who are suffering from Memory problems and unable to take normal food due to medical or other reasons. Further children desire to have additional benefits with conventional treatment may take Welldovita as food supplement.

■ WHAT QUANTITY TO BE TAKEN?

As a food supplement in normal person 20 g m per day or 10 gm two times a day, and as a complete food 20 gm per serving, two times a day.

■ HOW MUCH WELLDOVITA BE CONSUMED?

This powder shall be taken along with milk, buttermilk or warm water.

■ HAVE YOU DISPENSED THIS PRODUCT TO GENERAL PUBLIC AND MEMORY PROBLEMS CHILDREN?

Yes, welldovita product is already being used by children having nutritional and memory problems.

■ ANY PRECAUTIONS OR CONTRAINDICATIONS REQUIRED?

Though Welldovita is safe and has no adverse effects, in severe Memory problems, children should be monitored for memory and physical strength functions test regularly.

Children below the age of 4 years or Lactating mothers, pregnant women are advised to avoid or consume under medical supervision only.

Health from Nature